



MONARK 891 WINGATE

MAIN FEATURES

- For anaerobic test, upper body
- Multiple bouts with fatigue index
- High sampling frequency (50Hz)
- Weight basket, the fastest way from "0" to full power
- Start from 0 rpm with accurate power
- Unique Anaerobic Test Software (ATS software)
- Adjustable height, both standing and sitting

THE BASICS

- Good cycling feeling
- Calibrated with correct weights
- 5 kHz HR system (only in display)
- Easy to connect to PC with Anaerob Test Software
- Countdown and signals during test
- Workload range 50Watt (basket 1kg)-2400 Watt
- Easy to get accurate workload thanks to weight basket system (0,1 0,5 1 kg weights)
- Special handles (standard threads)



Medical Device class IIa

Anaerobic Test software

Specifications

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Certifications	EU directive 93/42/EU class IIa
Frame	
Type	Arm ergometer
Handlebar	n/a
Stem	n/a
Seatpost	n/a
Saddle	n/a
BB	68/122 mm
Crank	Steel, 152 mm
Pedals	9/16", handles
RESISTANCE	
System	Weight basket
Flywheel	20 kg, weight basket
DISPLAY	
RPM	Yes
HR	5 kHz
Time	Yes
Speed	Yes
Distance	Yes
Watt	Yes
Connectivity	
RS232	Yes
Usb	n/a
WEIGHT & MEASUREMENTS	
Max user weight	n/a
Lenght [mm]	1500 mm
Width [mm]	700 mm
Height [mm]	1660 mm
Weight [kg]	Ergometer 26 kg Stand 35 kg Totally 61 kg
POWER REQUIREMENTS	220V (9V, 500mA)



SOFTWARE

For fitness testing and in some cases, even training can be used with this model.



HEART RATE

Equipped to measure heartrate via chestbelt or sensors in the handles.



TEST

Offers the possibility of performing different tests thanks to the accurate workload which can be calibrated.



FIXED PROTOCOL

For test or training controlled through the display or PC program.



WHEELCHAIR

Adapted for use from a wheelchair

MEDICAL CE

Monark Exercise AB is since 1992 ISO 9001 certified. All models are:

- Approved under CE Certificate No. 153 601 (MDD IIa)
- Anti-corrosion treated and powder coated
- Made in Sweden