



MONARK RT2



MAIN FEATURES

- Monark G3 display system
- Unique manual power control
- Sprint power resistance
- Easy entry recumbent frame
- Watt in display
- Swivel seat

THE BASICS

- Good cycle feeling
- Easy to adjust seat position
- Speed dependent power control
- Possible to calibrate
- ANT+ and 5 kHz HR systems
- Possible to connect to PC Monark Test Software.
- Workload range 0-1200W
- Training mode: Watt and METS
- No power adapter needed

Max user weight 180 kg

Medical Device class IIa

Monark Test Software

Specifications

MONARK RT2

| | |
|----------------------------------|---|
| Certifications | EU directive 93/42/EU class IIa |
| Frame | |
| Type | Recumbent |
| Handlebar | Recumbent handlebar |
| Stem | n/a |
| Seatpost | n/a |
| Saddle | Recumbent seat |
| BB | 68/122 mm |
| Crank | Steel, 170 mm |
| Pedals | 9/16", pedals with foot straps |
| RESISTANCE | |
| System | Spring |
| Flywheel | 20 kg, weight basket |
| DISPLAY | |
| RPM | Yes |
| HR | ANT+, 5 kHz |
| Time | Yes |
| Speed | Yes |
| Distance | Yes |
| Watt | Yes |
| Connectivity | |
| RS232 | n/a |
| Usb | USB |
| WEIGHT & MEASUREMENTS | |
| Max user weight | 250 kg |
| | |
| Lenght (mm) | 1900 mm |
| Width (mm) | 680 mm |
| Height (mm) | 1065 mm at display 1000 mm at seat |
| Weight (kg) | 87 kg |
| POWER REQUIREMENTS | Batteries in the display. Trafo is an accessory 220V (9V, 500 mA) |



HEART RATE

Equipped to measure heartrate via chestbelt or sensors in the handles.



SOFTWARE

Offers the possibility of performing different tests thanks to the accurate workload which can be calibrated.



PC CONNECTION

Direct connection to PC through a serial cable.

MEDICAL CE

Monark Exercise AB is since 1992 ISO 9001 certified. All models are:

- Approved under CE Certificate No. 153 601 (MDD IIa)
- Anti-corrosion treated and powder coated
- Made in Sweden